



**Cedars
Camps**

Ski Camp Packing List

✓ Remember to bring your God-given beauty, dominion, and strength!

Lake Items

You need to bring these items to the lake in a medium-sized duffel bag or suitcase.

- The Bible & Science and Health with Key to the Scriptures, by Mary Baker Eddy with markers, if possible
- C.S. Quarterly Bible Lessons
- MyBibleLesson print-out (optional)
- Several swimming suits
- Short-sleeve rash guard with SPF sun protection
- 1 sweatshirt and/or warm jacket
- 1 pair of jeans or sweat pants
- 2 beach towels
- Modest shorts and T-shirts that cover the midriff and underwear
- 6-8 pairs of socks and underwear
- Pajamas or nightgown (cabins are cooler at night)
- 1 pair of closed-toed shoes and a pair of flip-flops or slide shoes that float
- Hat
- Sunglasses
- Toiletries
- Sunscreen
- Waterbottle (available in CEDARS Store)
- Bug spray



Leave at home any suits that are designed to show cleavage, that could fall off while skiing, or that could otherwise be a distraction. Aim for modest, practical suits that are guaranteed to stay in place during a fall and that cover you well. One-piece athletic suits for girls. Boys' suits should not sag excessively to show underwear. Any messaging on your clothes should be supportive of CEDARS standards and should be respectful and uplifting. Also thank you for showing respect for the dining hall environment at camp by removing your hats before entering the Lodge.

Camp Items

These items will be used at camp. Please pack in a separate duffel bag or suitcase.

- 1 set of sheets for a single bed including a fitted sheet and top sheet.
- 1 pillow and case
- 1 warm blanket
- 1 towel and washcloth (for showers)
- 1 flashlight with batteries
- 1 Laundry bag that ties (available at CEDARS Store)
- Ziplock bags for wet items coming home

Bring At Your Own Risk

- Personal ski equipment, including gloves and helmet
- Electronics will be collected, as well as cash, plane tickets, and other valuables, on opening day and kept safely in the office until checkout.

Additions for CEDARS Express Travel

These items need to be carried separately from other luggage.

- Modest travel cash as needed
- A handbag with toiletries, a change of clothes, and pajamas
- A pillow and sleeping bag or sheets

Prohibited

Gum, pets, graffiti, weapons, pornography, alcohol, cigarettes, e-cigs, juuls/vaping devices, and drugs of any form.