

THE FIVE FUNDAMENTAL CONCEPTS OF CEDARS



TESTIMONIALS

1 We regard each individual at camp as a child of God, who reflects alertness, joy, peace, ability, love...

2 We respect each individual Christian Science young person as a future active worker in the Christian Science Movement.

3 We stand firm in our desire to use Christian Science in all of our actions and to be good examples.

4 We believe that all have certain interests and talents, and we want to do all we can to further these and at the same time to introduce new activities and interests.

5 We expect to make camping at the CEDARS fun!

—Ruth E. Huff, 1962

Dear Parents and Campers,

Welcome to the most fun, uplifting, and transformative place imaginable! In 1962, Ruth Huff (my mother and Holly's grandmother) founded CEDARS Camps with this purpose: "To give each camper an appreciation of spiritual sense, and an abundance of wholesome, joyous activity."

Now, more than ever, young people need what CEDARS offers—an environment that helps them cultivate their spiritual sense and experience Christian Science in action. They need outdoor, active, unplugged spaces to enjoy pure, childlike fun. They need face-to-face friendships. And they need to be encouraged to grow while feeling unconditionally loved.

Here are some key CEDARS features:

- **Outstanding, spiritually-minded staff:** Our staff brings the CEDARS Five Fundamentals to life (see left) by specializing in unselfish awareness, ego-free responsibility, teaching excellence, and Christly love. Our camper-to-staff ratio (of 3:1 in elementary and middle school programs and 4:1 in high school programs) ensures that campers are always supervised with loving attention.
- **Amazing facilities:** Experience our Sports Center, 6-tower Cable ski system, Bible Lands Park, Aquatic Center, waterslide, ziplines, screened-in cabins with their own bathrooms, ski school boats for wakeboarding/wakesurfing/skiing, and more. . .
- **Horses for all:** Fall in love with our herd of 85 horses. Ride under the shade of our covered arena, explore trails across our 1,000-acre campsite, drive a cart-drawn miniature horse, or hop aboard a wagon drawn by our team of Belgians.
- **Focus on applying Christian Science with joy:** All programs include daily Bible Lesson study, "mets" before activities, Sunday School, Wednesday testimony meetings, hymn sings, and talks by the resident Christian Science Practitioner.

In light of this year's metaphysical theme on newness, we are looking forward to sharing many new improvements with you, including a new CS care facility, a new fleet of vehicles, a new adjacent property for camp-outs and trail rides, a new cable ski boardwalk, several new horses, and more.

So please check out our programs, see which one speaks to your heart, and sign up for your best summer yet!

Warren & Gay Huff and Holly Huff Bruland

P.S. Finances should never stop anyone from experiencing CEDARS. To apply for camperships and adult work credits, go to cedarscamps.org/financial-aid.

"There are not words to adequately express how grateful I am for the quality of our camp experience, the counselors, the programs and activities and all that everyone does for the children. I am in awe of the care given to our children on every level. What an unfathomable blessing for my children to be around such outstanding role models." —Parent



"I'm fairly new to Christian Science, and the understanding I gained at CEDARS about God and Christian Science is unbelievable. God is a huge part of my life now. I learned that God is everywhere and present in everything we do. It was the best summer of my life." —Camper

"My son found his smile again! He handled some of his fears and tried many new adventures such as the high and low ropes courses, knee boarding, cave adventure, zip lining, horseback riding, and more. Thank you for providing a heaven-on-earth experience." —Parent



WWW.CEDARSCAMPS.ORG



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2019 METAPHYSICAL THEME:

BEHOLD, I MAKE ALL THINGS NEW.

—Revelation 21: 5

Come gain new views of yourself and your Source.
Leave old habits, fears, and limitations behind.

Return home renewed, uplifted, and transformed!



CEDARS CAMPS 2019 PROGRAM LISTINGS



ENJOY CEDARS ONE-OF-A-KIND FEATURES:

CEDARS is situated high on the Ozark Plateau with 1,000 acres of wooded hills, trails, lakes, creeks, caves, and more for you to explore.

- Awesome Sports Center
- Cable Ski Park
- Covered Equestrian Center & 80+ horses
- Aquatic Center & 300-ft. Waterslide
- Bible Lands Park
- An atmosphere of Love that supports it all!



2019 SUMMER PROGRAMS & DATES

Our goal at CEDARS is to apply Christian Science with joy. All programs include daily Bible Lesson study, "mets" before activities, Sunday School, hymn sings, Wednesday testimony meetings and Christian Science Practitioner talks.

MEMORIAL WKND May 24–27	4 Days	3RD SESSION Jul 7–Jul 20	2 Weeks
1ST SESSION Jun 9–22	2 Weeks	4TH SESSION Jul 21–Aug 3	2 Weeks
• Sess. 1.1 Jun 9–15	1 Week	• Sess. 4.1 Jul 21–Jul 27	1 Week
• Sess. 1.2 Jun 16–22	1 Week	• Sess. 4.2 Jul 28–Aug 3	1 Week
2ND SESSION Jun 23–Jul 6	2 Weeks	FAMILY CAMP Aug 6–9	6 Days

 **CAMPERSHIPS ARE AVAILABLE FOR EVERY PROGRAM.** www.cedarscamps.org/financial-aid



CEDARS EXPRESS

CEDARS Express provides a complete transportation package for your "precious cargo" traveling to and from camp. Campers fly into the St. Louis Airport on Saturday. They're met by CEDARS parents and staff, chaperoned overnight at Principia School and then accompanied on a 3-hour air-conditioned bus to CEDARS on Sunday.

For questions about CEDARS Express, please contact Missy & Paul Hulen at (314) 560-4983.

To apply, fill out the enclosed gold form or go online to www.cedarscamps.org/cedars-express.



CEDARS SIGNATURE PROGRAMS

MAIN CAMP Grades 2–7 | All Sessions | \$800/wk or \$1600/2 wks

Enjoy regular riding and swimming lessons, unlimited rides down our 300-foot waterslide, and fun, uplifting evening activities. During week one, sample a variety of activities with your cabin such as archery, trampoline, sports, canoeing, kayaking, cable ski, stand-up paddleboarding, nature, outdoor skills, dance, arts & crafts, and enjoy a trip to Bible Lands Park and Big Surf. During week two, take an outdoor adventure trip (river canoe, fish, ride, cave) and choose your favorite mix of activities, including an interest area to further your skills each day. A great value and perfect intro to camp!

COMPOUND IDEA PROGRAM (CIP) Grades 7–9 | All Sessions | \$875/wk or \$1750/2 wks

Enjoy a balance of Main Camp activities with your cabin (see above) and team building adventures with a co-ed group of peers. Special CIP highlights include weekly ski trips on our boats, cable watersports, ziplines, ropes courses, and inspirational discussions. Plus, you'll enjoy Big Surf, Bible Lands Park, and an outdoor adventure trip. A perfect combination of adventure, teamwork, and fun!

JUNIOR LEADERSHIP (JL) Grades 9–12 | All Sessions | \$900/wk or \$1800/2 wks

Join 20-30 high school peers, senior staff, and a CS practitioner-in-residence at the 50-acre Junior Leadership facility on CEDARS property. Explore Christian Science as it applies to your life, build friendships, and learn how to grow as a leader while you plan, problem solve, cook, compete, and travel together as a diverse Junior Leadership family. Program highlights include off-site overnight ski and Silver Dollar City campouts, leading an all-camp festival, Big Surf, cable ski, horseback riding, ropes courses, ziplines, and Bible Lands Park. It's a great leadership bridge between camping and counseling.

CEDARS CREW (formerly Worker Program)

Grades 10–12 | All Sessions, Memorial Weekend and Family Camp | Earn \$100/wk in camp tuition credits

See what it take to make CEDARS run while learning how to live independently and grow your life-skills as a group that challenges, motivates, and inspires each other. You can repair and maintain buildings and vehicles, change a tire, prepare and serve meals for 300+ people, care for the camp's grounds, and learn about budgeting and cost savings. Jump-start your work resume by serving on CEDARS grounds or kitchen crew, and earn 40 hours of community service per week. Enjoy daily, supervised time off, a trip to Big Surf, and one day off a week. Strongly recommended as preparation for the CIT course.

COUNSELOR-IN-TRAINING (CIT)

Grades 11 and up | Group 1: June 2–July 6 (5 weeks) | Group 2: July 6–August 10 (5 weeks) | \$1375/course

Gain practical instruction and hands-on experience in the art of counseling. Through daily classes led by Staff Development Directors you'll learn to care for campers, teach safe and fun activities, engage campers in Bible Lesson study, foster cabin harmony, and host at meals. Under the mentorship of senior counselor cabin leaders, learn how to run a cabin and work directly with campers from day one. Apply Christian Science at new levels as you grow in selfless awareness, ego-free responsibility, and unconditional love. Graduates may apply for paid staff positions.

PERFORMING ARTS, OUTDOORS & MAKER PROGRAMS

AERIAL ARTS CIRQUE DE CEDARS Grades 5–10 | Sessions 1, 1.1 & 2 | \$900/wk or \$1800/2 wks

Experience the freedom, challenge, and joy of aerial arts. Learn silks, lyra (aerial hoop), trapeze, flying styles, and dance—then showcase your new skills in a Cirque de CEDARS performance for the entire camp. Instructors are professionals Jennifer Ragan (CEDARS alumni and parent) and Jason Whicker who were featured on America's Got Talent.

MUSICAL THEATER PROGRAM Grades 5–10 | Sessions 3 & 4.1 | \$2550/full 3 weeks only

Perform in the musical, *Godspell*. Act, sing, and dance during 3rd session morning rehearsals, and enjoy afternoon camp activities and trips. During 4th session, balance production rehearsals with fun breaks. See the highlights video online. Stay for another camp program during week two of 4th session or return home after week one.

OUTDOOR COOKING & BUILDING (OCB) Grades 6–12 | Sessions 1, 1.1, 1.2 | \$850/wk or \$1700/2 wks

Add to our growing OCB build site and treehouse by developing basic lashing, construction, and tool safety skills. You'll learn more about sustainable living and how to cook over fires. End the session with an overnight buddy campout as well as an epic game of stealth capture the flag where you'll test your new cooking and building skills. Balance your days with time to swim, kayak, paddleboard, cableski, zipline, and the ropes course.

WILDERNESS EXPLORATION WEEKS (WEW) Grades 7–12 | Session 2 | \$1750/2 wks

Focus on the fundamentals of camping and learn more advanced skills for wilderness living. During week one, you'll cave, climb, canoe, fish, swim, and camp out, all while planning and cooking meals over a fire. Spend week two camping in Arkansas, climbing amazing rocks at Horseshoe Canyon Ranch and enjoying excursions in and around the Buffalo River. Enjoy the support of a Christian Science practitioner and nurse who will accompany your adventures.

MAKER FAIRE CAMP Grades 5–12 | Sessions 4, 4.1, 4.2 | \$875/wk or \$1750/2 wks

Bring your ideas to life using engineering principles, spatial reasoning, coding concepts, 3-D printing, programming, and robotics. Learn to work individually and as a team. Exercise your scientific thought in ways that help you practice Christian Science—all while having fun and problem solving! Led by Dr. Marie Farson.

COLLEGE AND SAT/TOEFL PREP Grades 9–12 | Sessions 2 & 3 | \$850/wk or \$1700/2 wks

Prepare for college success in a supportive environment. Increase your standardized test scores, improve your writing, and learn to read more critically and comprehensively while participating in daily camp activities such as horseback riding, swimming, cable ski, sports, hymn sings, and a trip to Big Surf. Can be combined with other programs.

ADULT & FAMILY PROGRAMS

MEMORIAL DAY WEEKEND

Families, Couples & Singles | May 24–27 (4 days)
\$130–\$380 depending upon age group and accommodation choice

Start your summer with a spiritually-enriching adventure! Enjoy cable watersports, horseback riding, swimming, crafts, watersliding, a visit to Bible Lands Park, inspirational workshops, square dancing, s'more roasting, a hymn sing, 5k fun run, and more. Our CEDARS Sprouts program offers loving care and fun activities for babies through first graders. Evening baby-sitting included. Join us for the four-day weekend or pay by the day.

FAMILY CAMP

Families, Couples & Singles | Aug. 4–9 (6 days)
\$380–\$785 depending upon age group and accommodation choice

Enjoy this all-inclusive vacation for families of all ages. You'll love abundant activity choices, great meals, your own host counselor, and evening babysitters for the kids. An ideal vacation of riding, swimming, sports, crafts, archery, campfires, ziplining, ropes courses, cable watersports, songwriting, Bible and parenting workshops, day trips, a hymn sing, testimony meeting, 5k fun run, talent show, and more. Our CEDARS Sprouts program offers loving care and fun activities for babies through first graders.

RIDING PROGRAMS

JUNIOR RIDING CAMP Grades 3–5 | Sessions 1, 1.1, 1.2, & 3 | \$850/wk or \$1700/2 wks

Mix the best parts of Main Camp with over an hour of daily horse activities with the Wranglers. Groom, saddle, handle, ride, and pray for the horses. Go on a special JRC pack trip and perform in a horseshow!

RIDING CAMP SAMPLER Grades 4–6 | Sessions 4, 4.1, 4.2 | \$875/wk or \$1750/2 wks

Spend half your day developing a love and knowledge of horses. You'll learn theory, ride Western and English seats, vault, drive, groom, saddle, and pray for the horses. When you're not riding, enjoy a variety of fun camp activities.

RIDING CAMP & MINI-HORSES Grades 4–7 | Session 2 | \$1750/2 wks

Learn the fundamentals of horse care and training by working with miniature horses and ponies for over an hour a day. Wear shorts (no jeans!) as you drive carts, take your horse in the water, go on a trail drive adventure in Bible Lands Park, and pray for your adopted mini. You'll also ride a full-sized horse daily and enjoy other fun camp activities.

ENGLISH RIDING CAMP Grades 5–9 | Sessions 1 or 1.1 & 3 | \$875/wk or \$1750/2 wks

Spend half your day working with English Riding instructors. You'll learn theory, tacking, grooming, control over ground poles, and/or basic jumping. Play arena games, go on challenging trail rides, and perform in the horse show. When you're not riding, enjoy a variety of fun camp activities.

ENGLISH ADVENTURE RIDING CAMP Grades 7–12 | Session 4 or 4.1 | \$925/wk or \$1850/2 wks

Enjoy full days with your ARC family. Adopt your own horse to pray for, groom, tack, feed, and ride in daily professional lessons. Program includes equine theory, driving, vaulting, developing your seat and control at different gates, basic jumping, and planning your own horse show. Plus, enjoy team building initiatives, cable water sports, hymn sings, leadership challenges, Big Surf, and daily water activities.

WILD WEST ADVENTURE RIDING Grades 7–12 | Session 2 | \$1850/2 wks

Join a co-ed family of peers, staff leaders, and professional cow-polk. Adopt your own horse to ride, pray, and care for throughout the session. Spend your days improving your Western riding skills, tending to the herd, and learning the fundamentals of cattle sorting and cowboy cooking over the fire. Plus, enjoy team building initiatives, cable water sports, hymn sings, leadership challenges, Big Surf, and daily water activities.

WRANGLERS-IN-TRAINING (WIT) Grades 9–12 | Sessions 1 or 1.1 & 3 | \$725/wk or \$1450/2 wks

Be part of a fun-loving, hard-working corral family. Learn horse care, enjoy riding lessons, work alongside certified horse professionals, and earn community service hours for your time spent each day supporting the riding program's operations. Balance assisting at the arena with water fun and team-building activities.

SPORTS CAMPS WITH A SPIRITUAL SPIN



"YES I CAN" SPORTS SAMPLER Grade 2–9 (with Junior and Senior divisions) | Session 1.1 | \$850/wk

Come try a new sport each day such as soccer, basketball, volleyball, softball/baseball, tennis, and more. Plus, enjoy daily, fun camp activities. Coaches: Mary Ann Sprague, Meagan Fleming, and other experts*

SOCCER CAMP Grades 4–12 | Session 2 | \$1700/2 wks

Deepen your love for "the beautiful game" on our Bermuda grass field and indoor futsal court. Improve your ball control, shooting, and strategy with daily instruction, drills, and scrimmages. Follow the women's World Cup and learn from watching the best in the game. All are welcome—players are grouped by skill level. Meagan Fleming, Principia College Head Coach*

BASKETBALL CAMP Grades 5–12 | Session 3 | \$1700/2 wks

Improve your shooting, passing, 1-v-1, and defense skills during fun drills and scrimmages in the new CEDARS Sports Center. All are welcome—players are grouped by skill level. Grow in character as you learn from Christian Science athletes and coaches. Coaches: TBA.*

VOLLEYBALL CAMP Grades 4–12 (girls only) | Session 4.2 | \$850/wk

Prepare to lead and shine in your upcoming volleyball season! Improve your serving, passing, digging, defense, and decision-making in the new CEDARS Sports Center. Enjoy daily match play and individual coaching. Play alongside stand-out players on CEDARS staff. All are welcome—players are grouped by skill level. Mary Ann Sprague, Principia College Head Coach*

SKI CAMP/WATERSPORTS Grades 8–12 | Sessions 3, 4, 4.1, 4.2 | \$1000/wk or \$2000/2 wks

Ski, wakeboard, and wakesurf all day long! Live in cabins at Lake Pomme de Terre and train behind our ski school boats. Spend weekends at CEDARS on our cable ski park and joining other camp activities. Enjoy the support of a Christian Science practitioner who will accompany Ski Camp's adventures. Coaches: certified CEDARS counselors.

*These programs balance half days of sports with half days of camp activities and include Big Surf (2-wk sess) & trip day.

SIGN UP TODAY AT: WWW.CEDARSCAMPS.ORG

CONTACT US ANYTIME!

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