



2020 METAPHYSICAL THEME

FIND YOUR TREASURES OF TRUTH

Come "gravitate Godward" and experience "enlarged individuality, a wider sphere of thought and action, a more expansive love, a higher and more permanent peace."

—Science and Health, p. 265



CEDARS CAMPS 2020 PROGRAM LISTINGS



ENJOY CEDARS ONE-OF-A-KIND FEATURES:

CEDARS is situated high on the Ozark Plateau with 1,000 acres of wooded hills, trails, lakes, creeks, caves, and more for you to explore.

- Sports Center
- Cable Ski Park
- Covered Equestrian Center & 80+ horses
- Aquatic Center
- 300-ft. Waterslide
- Bible Lands Park
- An atmosphere of Love that supports it all!



TESTIMONIALS

The Five Fundamental Concepts of CedarS

1 We regard each individual at camp as a child of God, who reflects alertness, joy, peace, ability, love...

2 We respect each individual Christian Science young person as a future active worker in the Christian Science Movement.

3 We stand firm in our desire to use Christian Science in all of our actions and to be good examples.

4 We believe that all have certain interests and talents, and we want to do all we can to further these and at the same time to introduce new activities and interests.

5 We expect to make camping at the CedarS fun!

—Ruth E. Huff, 1962



Dear Parents and Campers,

Welcome to the most fun, uplifting, and transformative place imaginable! In 1962, my grandmother, Ruth Huff, founded CedarS with this purpose: "To give each camper an appreciation of spiritual sense, and an abundance of wholesome, joyous activity."

Now, more than ever, young people need CedarS—an environment that helps them cultivate their spiritual sense and experience Christian Science in action. CedarS offers outdoor, active, unplugged spaces to enjoy pure, childlike fun, face-to-face friendships, and the opportunity to grow while feeling unconditionally loved.

Here are some key CedarS features:

- **Outstanding, spiritually-minded staff:** Our staff brings the CedarS Five Fundamentals to life (see left) by specializing in unselfish awareness, ego-free responsibility, teaching excellence, and Christly love. Our camper-to-staff ratio (of 3:1 in elementary and middle school programs and 4:1 in high school programs) ensures that campers are always supervised with loving attention.
- **Amazing facilities:** Experience our Sports Center, 6-tower Cable ski system, Bible Lands Park, Aquatic Center, a loving CS care facility, waterslide, ziplines, screened-in cabins with their own bathrooms, ski school boats for wakeboarding/wakesurfing/skiing, and more. . .
- **Horses for all:** Fall in love with our herd of 80 horses. Ride under the shade of our covered arena, explore trails across our 1,000-acre campsite, drive a cart-drawn miniature horse, or hop aboard a wagon hitched to our team of Belgians.
- **Focus on applying Christian Science with joy:** All programs include daily Bible Lesson study, "mets" before activities, Sunday School, Wednesday testimony meetings, hymn sings, and talks by the resident Christian Science Practitioner.

You can afford camp! We believe every child should have access to the CedarS experience regardless of your financial situation. Generous Camperships are in place to assist with your tuition needs and make camp possible, even for multiple sessions. To apply for Camperships and adult work credits, visit cedarscamps.org/financial-aid.

We invite you to check out our programs and see which one speaks to your heart. Then, sign up for your best summer yet!

Holly Huff Bruland, Warren and Gay Huff

Camp is one of the most important places to me in the world. I wait all year to go. From the inspiring Bible Lesson studies every morning, I gained so much from my fellow campers and counselors. The greatest lesson I learned was how to center myself in Christian Science morals and ideas. —Camper



"My son found his smile again! He handled some of his fears and tried many new adventures such as the high and low ropes courses, knee boarding, cave adventure, zip lining, horseback riding, and more. Thank you for providing a heaven-on-earth experience." —Parent

"My grandchildren had a total blast at camp! I love that they are learning so much about how God is so good. Two weeks can really make a difference as they grow in confidence and joy – feeling all the love that staff and friends shower on them." —Grandparent



WWW.CEDARSCAMPS.ORG

2020 SUMMER PROGRAMS & DATES

Our goal at CedarS is to apply Christian Science with joy. All programs include daily Bible Lesson study, "mets" before activities, Sunday School, hymn sings, Wednesday testimony meetings and Christian Science Practitioner talks.

MEMORIAL WKND May 22–25 4 Days	3RD SESSION Jul 5–Jul 18 2 Weeks
1ST SESSION Jun 7–20 2 Weeks	4TH SESSION Jul 19–Aug 1 2 Weeks
• Sess. 1.1 Jun 7–13 1 Week	• Sess. 4.1 Jul 19–Jul 25 1 Week
• Sess. 1.2 Jun 14–20 1 Week	• Sess. 4.2 Jul 26–Aug 1 1 Week
2ND SESSION Jun 21–Jul 4 2 Weeks	FAMILY CAMP Aug 2–8 7 Days

♥ **CAMPERSHIPS ARE AVAILABLE FOR EVERY PROGRAM.** www.cedarscamps.org/financial-aid



CECARS SIGNATURE PROGRAMS

MAIN CAMP Grades 2–7 | All Sessions | \$875/wk or \$1750/2 wks

Enjoy regular riding and swimming lessons, unlimited rides down our 300-foot waterslide, and fun, uplifting evening activities. During week one, sample a variety of activities with your cabin such as archery, trampoline, sports, canoeing, kayaking, cable ski, stand-up paddleboarding, nature, outdoor skills, dance, arts & crafts, and enjoy a trip to Bible Lands Park and Big Surf. During week two, take an outdoor adventure trip (river canoe, fish, ride, cave) and choose your favorite mix of activities, including an interest area to further your skills each day. A great value and perfect intro to camp!

COMPOUND IDEA PROGRAM (CIP) Grades 7–9 | All Sessions | \$975/wk or \$1950/2 wks

Enjoy a balance of Main Camp activities with your cabin (see above) and team building adventures with a co-ed group of peers. Special CIP highlights include weekly ski trips on our boats, cable watersports, ziplines, ropes courses, and inspirational discussions. Plus, you'll enjoy Big Surf, Bible Lands Park, and an outdoor adventure trip. A perfect combination of adventure, teamwork, and fun!

JUNIOR LEADERSHIP (JL) Grades 9–12 | All Sessions | \$975/wk or \$1950/2 wks

Join 20-30 high school peers, senior staff, and a CS practitioner-in-residence at the 50-acre Junior Leadership facility on CedarS property. Explore Christian Science as it applies to your life, build friendships, and learn how to grow as a leader while you plan, problem solve, cook, compete, and travel together as a diverse Junior Leadership family. Program highlights include off-site overnight ski and Silver Dollar City campouts, leading an all-camp festival, Big Surf, cable ski, horseback riding, ropes courses, ziplines, and Bible Lands Park. It's a great leadership bridge between camping and counseling.

CECARS CREW (formerly Worker Program)

Grades 10–12 | All Sessions, Memorial Weekend and Family Camp | Earn \$100/wk in camp tuition credits
See what it takes to make CedarS run while learning how to live independently and grow your life-skills as a group that challenges, motivates, and inspires each other. You can repair and maintain buildings and vehicles, change a tire, prepare and serve meals for 300+ people, care for the camp's grounds, and learn about budgeting and cost savings. Jump-start your work resume by serving on CedarS grounds or kitchen crew, and earn 40 hours of community service per week. Enjoy daily, supervised time off, a trip to Big Surf, and one day off a week. Strongly recommended as preparation for the CIT course.

COUNSELOR-IN-TRAINING (CIT)

Grades 11 and up | Group 1: May 31–July 4 (5 weeks) | Group 2: July 4–August 9 (5 weeks) | \$2000/course
Gain practical instruction and hands-on experience in the art of counseling. Through daily classes led by Staff Development Directors you'll learn to care for campers, teach safe and fun activities, engage campers in Bible Lesson study, foster cabin harmony, and host at meals. Under the mentorship of senior counselor cabin leaders, learn how to run a cabin and work directly with campers from day one. Apply Christian Science at new levels as you grow in selfless awareness, ego-free responsibility, and unconditional love. Graduates may apply for paid staff positions.

SPORTS CAMPS WITH A SPIRITUAL SPIN

"YES I CAN" SPORTS SAMPLER* Grade 2–9 (Jr. & Sr. divisions) | Sessions 1, 1.1, 1.2 | \$975/wk or \$1950/2 wks

Come try a new sport each day such as soccer, basketball, volleyball, track and field, softball/baseball, tennis, and more. Plus, enjoy daily, fun camp activities. Coaches: Mary Ann Sprague, Meagan Fleming, Ann Pierson, and other experts.

SOCCER CAMP* Grades 4–12 (Jr. and Sr. divisions) | Session 2 | \$1950/2 wks

Deepen your love for "the beautiful game" on our Bermuda grass field and indoor futsal court. Improve your ball control, shooting, and strategy with daily instruction, drills, and scrimmages. All are welcome—players are grouped by skill level. Meagan Fleming, Principia College Women's Soccer Head Coach.

SOCCER CAMP & COLLEGE PREP COMBO Grades 10–12 (Jr. and Sr. divisions) | Session 2 | \$1950/2 wks

Combine half-days of Soccer Camp with preparing for college success in a supportive environment. Become a more confident writer and a stronger student-athlete. Campers also have the alternate option of combining College Prep with serving on CedarS Crew—Crew participation deducts \$100/wk from tuition. Instructor: Bonnie Staudt.

BASKETBALL CAMP* Grades 5–12 (Jr. and Sr. divisions) | Session 3 | \$1950/2 wks

Improve your shooting, passing, 1-v-1, and defense skills during fun drills and scrimmages in the CedarS Sports Center. All are welcome—players are grouped by skill level. Grow in character as you learn from Christian Science athletes and coaches. Coaches: TBA.

SKI CAMP/WATERSPORTS Grades 8–12 | Sessions 3, 4, 4.1, 4.2 | \$1175/wk or \$2350/2 wks

Ski, wakeboard, and wakesurf all day long! Live in cabins at Lake Pomme de Terre and train behind our ski school boats. Spend weekends at CedarS on our cable ski park and joining other camp activities. Enjoy the support of a Christian Science practitioner who will accompany Ski Camp's adventures. Coaches: certified CedarS counselors.

*These programs include a Junior Division for elementary schoolers and a Senior Division for middle and high schoolers. Campers in the Junior Division will generally spend 1-2 hours per day in their sport. Campers in the Senior Division will generally spend 3-4 hours per day in their sport. All Sports Camps enjoy free swim (daily), Big Surf (week 1), Trip Day (week 2), and a variety of additional camp activities.

ADULT & FAMILY PROGRAMS

MEMORIAL DAY WEEKEND

Families, Couples & Singles | May 22–25 (4 days)
\$125–\$400 (per person) depending upon age group and accommodation choice.

Start your summer with a spiritually-enriching adventure! Enjoy cable watersports, horseback riding, swimming, crafts, watersliding, a visit to Bible Lands Park, inspirational workshops, square dancing, s'more roasting, a hymn sing, 5k fun run, and more. Our CedarS Sprouts program offers loving care and fun activities for babies through first graders. Evening baby-sitting included. Join us for the four-day weekend or pay by the day.

FAMILY CAMP

Families, Couples & Singles | Aug. 2–8 (Now 7 days!)
\$250–\$900 (per person) depending upon age group and accommodation choice.

Enjoy this all-inclusive vacation for families of all ages. You'll love abundant activity choices, great meals, your own host counselor, and evening babysitters for the kids. An ideal vacation of riding, swimming, sports, crafts, archery, campfires, ziplining, ropes courses, cable watersports, songwriting, Bible and parenting workshops, day trips, a hymn sing, testimony meeting, 5k fun run, talent show, and more. Our CedarS Sprouts program offers loving care and fun activities for babies through first graders.

ADULT HELPERS PROGRAM

Last year, over 150 parents, grandparents, and volunteers supported our kitchen, office, maintenance, housekeeping, and special programs. This is a great way to earn tuition credits, witness your child's growth, and build a community of friends in CedarS uplifting environment.

For more information, visit:
www.cedarscamps.org/adult-helpers

CECARS EXPRESS

CedarS Express provides a complete transportation package for your "precious cargo" traveling to and from camp. Campers fly into the St. Louis Airport on Saturday. They're met by CedarS parents and staff, chaperoned overnight at Principia School and then accompanied on a 3-hour air-conditioned bus to CedarS on Sunday.

For questions about CedarS Express, please call (636) 394-6162. Or, you can learn more at www.cedarscamps.org/cedars-express.

RIDING PROGRAMS

JUNIOR RIDING CAMP Grades 3–5 | Sessions 2 & 3 | \$875/wk or \$1750/2 wks

Mix the best parts of Main Camp with an hour of daily horse activities with the Wranglers. Groom, saddle, handle, ride, and pray for the horses. Go on a special JRC pack trip and perform in a horshow!

RIDING CAMP Grades 4–8 | \$975/wk or \$1950/2 wks

Miniature Horse Cart Driving & Western Riding, Session 1, 1.1 (1.2-with permission) | English Riding, Session 2 | Miniature Horse Cart Driving & English Riding, Session 3 | Western Riding, Session 4, 4.1 (4.2-with permission)

Spend half your day with our riding instructors and horses. Improve your riding skills through daily lessons, arena riding games, challenging trail rides, and a horse show performance. You'll also learn theory, tacking, grooming, and horse care. The other half of the day when you're not riding, enjoy a variety of fun camp activities. Each session will have a special focus (see above). During sessions with a focus on miniature horses, you'll also spend an hour most days riding a full-sized horse.

ENGLISH ADVENTURE RIDING CAMP Grades 7–12 | Sessions 2, 4, 4.1 (girls only sess. 4 & 4.1) | \$975/wk or \$1950/2 wks

Enjoy full days with your EARC family. Adopt your own horse to pray for, groom, tack, feed, and ride in daily professional lessons. The program includes equine theory, driving, vaulting, developing your seat and control at different gates, basic jumping, and planning your own horse show. Plus, enjoy team-building initiatives, cable water sports, hymn sings, leadership challenges, Big Surf, and daily water activities.

WRANGLERS-IN-TRAINING Grades 9 & up | Sessions 1, 3 (girls only 3rd session), Family Camp | \$875/wk or \$1750/2 wks

Be part of a fun-loving, hard-working corral family. Learn horse care, enjoy riding lessons, work alongside certified horse professionals, and earn community service hours for your time spent each day supporting the riding program's operations. Balance assisting at the arena with water fun and team-building activities.

PERFORMING ARTS & MAKER PROGRAMS

CIRQUE DE CECARS AERIAL ARTS & STUNTMAN Grades 4–10 | Session 2 | \$1950/2 wks

Experience the freedom, challenge, and joy of aerial arts. Learn silks, lyra (aerial hoop), trapeze, flying styles, and dance—then showcase your new skills in a Cirque de CedarS performance for the entire camp. Instructors are professionals Jennifer Ragan (CedarS alumni and parent) and Jason Whicker who were featured on America's Got Talent.

MUSICAL THEATER PROGRAM Grades 5–10 | Sessions 3 & 4.1 | \$2925/full 3 weeks only

Perform in the musical, *Peter Pan*. Act, sing, and dance during 3rd session morning rehearsals, and enjoy afternoon camp activities and trips. During 4th session, balance production rehearsals with fun breaks. See the highlights video online. Stay for another camp program during week two of 4th session or return home after week one. Directed by Erin Lane.

MAKER FAIRE CAMP Grades 5–12 | Sessions 4, 4.1, 4.2 | \$975/wk or \$1950/2 wks

Bring your ideas to life using engineering principles, spatial reasoning, coding concepts, 3-D printing, programming, and robotics. Learn to work individually and as a team. Exercise your scientific thought in ways that help you practice Christian Science—all while having fun and problem solving! Led by Dr. Marie Farson.

OUTDOOR PROGRAMS

OUTDOOR COOKING & BUILDING (OCB) Grades 6–12 | Sessions 1, 1.1 (1.2-with permission) | \$975/wk or \$1950/2 wks

Add to our growing OCB build site and treehouse by developing basic lashing, construction, and tool safety skills. You'll learn more about sustainable living and how to cook over fires. End the session with an overnight buddy campout as well as an epic game of stealth capture the flag where you'll test your new cooking and building skills. Balance your days with time to swim, kayak, paddleboard, cableski, zipline, and the ropes course. Attending 1.2 only requires permission.

WILDERNESS EXPLORATION WEEKS (WEW) Grades 7–12 | Session 2 | \$1950/2 wks

Focus on the fundamentals of camping and learn more advanced skills for wilderness living. During week one, you'll cave, climb, canoe, fish, swim, and camp out, all while planning and cooking meals over a fire. Spend week two camping in Arkansas, climbing amazing rocks at Horseshoe Canyon Ranch and enjoying excursions in and around the Buffalo River. Enjoy the support of a Christian Science practitioner and Christian Science nurse who will accompany your adventures.

BACKPACK AND PADDLE Grades 9–12 | Session 3 | \$1950/2 wks

Take adventure to the next level by learning how to hike, canoe, cook your own food, and Leave No Trace in the wilderness while having fun outdoors. During week one, you'll venture out on the Ozark Trail for a scenic multi-day hike. During week two, you'll learn the fundamentals of canoeing before taking a multi-day trip down Missouri's beautiful Current River. Between adventures, you'll prep for your trips and enjoy activities at CedarS—from the all-camp hymn sing to the cable ski. Accompanied by a Christian Science practitioner.

RAINBOW VALLEY YOUTH PROGRAM

RAINBOW VALLEY RESOURCE NETWORK YOUTH SPECIALTY PROGRAM

Grades Elementary–Young Adults | Sessions 1, 1.1, 1.2 | \$1700/wk (price includes one youth and one caregiver)

This specialty program provides a fun camp experience for children with special needs who may not otherwise be able to attend camp alongside their peers. Each camper will be accompanied by a parent or caregiver and stay in an air-conditioned bedroom with a private bathroom. Camper activities are flexible according to needs, interests, and readiness levels. After bedtime, while a staff member watches their children, parents can gather for resource sharing and fellowship with each other and the additional 30-40 adults serving at camp.

CONTACT US ANYTIME!

MAIN OFFICE
(November–May)
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CAMP OFFICE
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